



## KCFC News

11/18/2009

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### HELP NEEDED:

Please send any team or player information to us so that the "scoop" can be included in our upcoming newsletters. Send it to [hwilliams@gcittravel.net](mailto:hwilliams@gcittravel.net)

This issue is slanted too much towards the older girls - mainly because I have direct access to information on players within these age groups. So please forward any info on other age groups my way so that the next issues can be more balanced.

**We would, however, like to welcome the high school boys back from their high school seasons. Special congrats to the players who went on to win post season team and individual awards.**

### PUB QUIZ TIME:

This year's pub quiz is just around the corner! Mark your calendars. The date will be Wednesday, **December 16th from 7pm to 10pm** at the Sylvester Powell, Jr Community Center in Mission, KS. Actual address - 6200 Martway St Shawnee Mission, KS 66202-3359.

Last year's event was a great night with the "live entertainment" enjoyed by all.

What could be better than adult beverages (served by your coaches and the Irish bar manager), original renditions of Tom Jones, Chuck Berry, Monkeys and Proclaimers classics, using a blackberry to cheat, and of course don't forget the suave, debonair quiz master?

Much more to come this year with the addition of new multi-talented coaches - Savage, Jonnie Williams ( I can already hear an Oasis song coming), Chad as



well as Nikki and Anita. Anita has already committed to singing one of Madonna's greatest hits. Our very own punk rocker Dougie McLagan could be persuaded to sing his "I've got a dog named Rover" song and of course Dangerous Dave Morrow will be on hand with his Gibson.

We are limited to 25 teams with 8 players per team. Each KCFC coach has been asked to bring at least 1 pub quiz team to the event. So please contact your coach ASAP to reserve your spot on the team.

Lots of prizes to be won, lots of humiliation for bad answers. Food will also be served this year. Cost - \$20 pp (includes dinner).

In all seriousness, this is a fun night but it is also an important fund-raiser for the club. Proceeds go directly to support our club "scholarship" program. So your support of the event is sincerely appreciated.

## TOP 100 PLAYERS

Top Drawer Soccer has selected its top 100 boys and girls from the class of 2011. These players were ranked based on input from Top Drawer scouts and from nationwide club coaches.

Two KCFC players are found on the girls list. Both are members of the KCFC Intensity U17G team:

Shea Groom is ranked at #9 and is rated as a 5 star player  
Kelsey Goff is ranked at #43 and is rated as a 4 star player

As a side note, another Kansas City area player is also listed - Kaysie Clark (ranked #29). Remarkably all 3 girls are from Liberty, Mo.

<http://www.topdrawersoccer.com/players-to-watch/players-to-watch-top-100/women/2011>

On the boys side, Nick Besler of the KCFC Rangers U17B team was selected as the 75 ranked player and was rated as a 4 star.

<http://www.topdrawersoccer.com/index.php>

Congrats to all.

## CAROLINE STANLEY CALLED UP TO THE NATIONAL TEAM CAMP:

KCFC Intensity goalkeeper, Caroline Stanley will be training and playing with the National team from November 20-27 in Coral Springs, Fl.

Caroline is one of 24 players who has been called up and the players range in ages from ones born in 1993, 1994 and 1995. They will train and play a total of 4 games, two against ODP regional teams and two against the Costa Rica U-17 National team.



## COLLEGE COMMITMENTS:



The following KCFC players have made verbal commitments to college programs (more information on the boys coming soon):

GIRLS

PLAYER	COLLEGE	KCFC TEAM	YEAR	POS.
Kara Bartels	Augustana College	Revolution	2010	Mid-Field
Amanda Nelson	Bowing Green State	Intensity	2010	Mid-field
Catie Hyde	State University Emporia	Freedom	2010	Defender
Hannah Carlson	State University Emporia	Freedom	2010	Mid-field
Nikki Dittman	State University Emporia	Freedom	2010	Defender
Shelby Gunter	State University	Freedom	2010	Defender
Haley Fournier	Texas Tech University	Revolution	2010	Forward
Sarah Shaunessy	UMKC	Revolution	2010	Mid-Field
Sam Wilkes	University of Central Mo	Revolution	2010	Mid-Field
Carly Stanley	University of Central Mo	Revolution	2010	Defender
Justine Dover	University of Central Mo	Revolution	2010	Defender
Brooke Licktieg	University of Central Mo	Revolution	2010	Mid-Field
Emily Schultz	University of Evansville	Revolution	2010	Defender
Elizabeth Wilson	University of Notre Dame	Jazz	2010	Defender
Claire Nicholson	University of Tulsa	Revolution	2010	Forward
Bailey Viestenz	Washburn University	Freedom	2010	Mid-field
Taylor Mayhew	Washburn University	Freedom	2010	Defender
Kate Beaver	William Jewell College	Revolution	2010	Mid/For
Brooke Williams	William Jewell College	Jazz	2010	Forward
Kelly Sontag	William Jewell College	Freedom	2010	Goalkeeper
Haley Fritzlen	Marquette	Intensity	2011	Defender



Bethany Smith	University Missouri State	Intensity	2011	Forward
Katie Davis	University Missouri State	Intensity	2011	Mid-field
Caroline Stanley	University Missouri University	Intensity	2011	Goalkeeper
Caroline Gray	Nebraska University	Intensity	2011	Mid-field
Kelsey Goff	Nebraska University	Intensity	2011	Mid-field
Molly Rappold	Nebraska University	Intensity	2011	Mid-field
Sydney Pugh	Nebraska University	Intensity	2011	Goalkeeper

#### Boys

PLAYER	COLLEGE	KCFC TEAM	YEAR	POSITION
Taylor Lemmon	Virginia Tech	Strikers	2010	Forward
Bryan Jantz	Drake University	Strikers	2010	Mid-field
Andy Griffin	Baker University	Strikers	2010	Defender
Nick Besler	Notre Dame University	Rangers	2011	Mid-field

### MESSAGE FROM EMILIO JOHN (local chiropractor and former KC Comets player):

Dear Huw,

I hope your 2009/2010 club soccer season is going well and that most of your players are performing well and staying healthy. As you know over the past 20 years, I have serviced the greater Kansas City area with the care of local professionals, collegiate, high school athletes and their families with both sports injury treatments, preventions and Chiropractic care.

Over the years, I have attended continuing education seminars that enhance my clinical knowledge in the treatment of sports injuries and prevention. Three years ago during one of those seminars, I learned about **cold laser** treatment for acceleration of acute injuries. In conjunction with other therapies, the recovery of athletes after soft tissue injuries has significantly reduced from weeks to days in the last 21/2 years of usage in my office.

Other modalities available include:

- Electrical stimulation to help control pain.
- Ultrasound to break down scar tissues and enhance blood flow and nutrients and promote healing.
- Decompression and Cox Flexion Distraction for low back disc bulges and herniation.

- Synergy bands for Therapeutic Exercises.
- Intersegmental Traction and Whirlpool for massage of spinal muscles.

My primary goal in practice is returning athletes back to the playing fields quickly and safely. I will communicate with your coaches during the treatment to enhance a common objective. If you have injured athletes or know of someone who can benefit from my expertise, please refer them to my office for consultation and treatment. Please feel free to call my office or my personal cell phone at (816) 769-2180 if I can be of help. Good luck the rest of the season.

Yours in Health & Soccer,

Dr. Emilio John

PS. I was team Chiropractor for the Kansas City Wizards for 12 years and the Kansas City Attack for 6 years.

*For more information please contact Emilio directly at [EJDC6494@aol.com](mailto:EJDC6494@aol.com)*

## SPRING MRL:

The following KCFC teams have been accepted to play in the Spring Midwest Regional League:

U14B - KCFC/Futura Academy - D1  
U15B - KCFC United - Premier Div  
U16B - KCFC United - D1  
U17B - KCFC Rangers - Premier Div  
U18B - KCFC Strikers - Premier Div  
U14G - KCFC/Futura Academy - Premier Div

## Club Contacts:

KCFC Technical Directors:

[Gareth Hughes](#)

[Richard Davies](#)

[Huw Williams](#)

KCFC Age Group Coordinators:

[Gareth Pritchard](#)

[Paul Lawrence](#)

KCFC Board President

[Tom Shaunasey](#)